



**Patient Information**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_ Social Security # \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone # \_\_\_\_\_ Relationship \_\_\_\_\_

Primary Care Physician / Family Doctor(s) \_\_\_\_\_

Are you currently under the care of a Home Health Agency? \_\_\_ No \_\_\_ Yes, name of Co. \_\_\_\_\_

How did you hear about Fyzical™? \_\_\_\_\_

**Insurance Information**

Medicare # \_\_\_\_\_ Part B effective date \_\_\_\_\_

Insurance Policy # \_\_\_\_\_ Group #: \_\_\_\_\_

Policyholder's Name: \_\_\_\_\_ Relation to Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

Insurance Address (if other than above): \_\_\_\_\_

**\*If Patient Is a minor\***

Responsible party for bill if other than patient: \_\_\_\_\_ Relationship: \_\_\_\_\_

Responsible party's address (if other than above): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security # \_\_\_\_\_

**Consent for Treatment:**

I hereby consent to receive care for therapy services by Fyzical™. I consent to medical treatment as is deemed necessary or advisable by the physical therapist.

**Consent to Release Medical Information:**

I authorize Fyzical™ to release any information acquired in connection with my therapy services including, but not limited to, diagnosis, clinical records, to myself, my insurance(s), physician(s), and \_\_\_\_\_

**Consent to Obtain Medical Information:**

I authorize Fyzical™ to obtain and acquire any information that would be beneficial in connection with my therapy service, which may include X-rays, Cat scans, and MRI reports, along with Physician's Documentation.

**Assignment of Insurance Benefits:**

I hereby authorize payment to be made directly to Fyzical™.

**Guarantee of Payment:**

I agree to pay any charges that my insurance does not pay. I am responsible to pay any un-covered portion on the date services are rendered. I am responsible for any incurred costs on overdue balances including, but not limited to, late fees, interest fees, legal fees, and collection agency fees.

I hereby certify that I understand these rights as set forth.

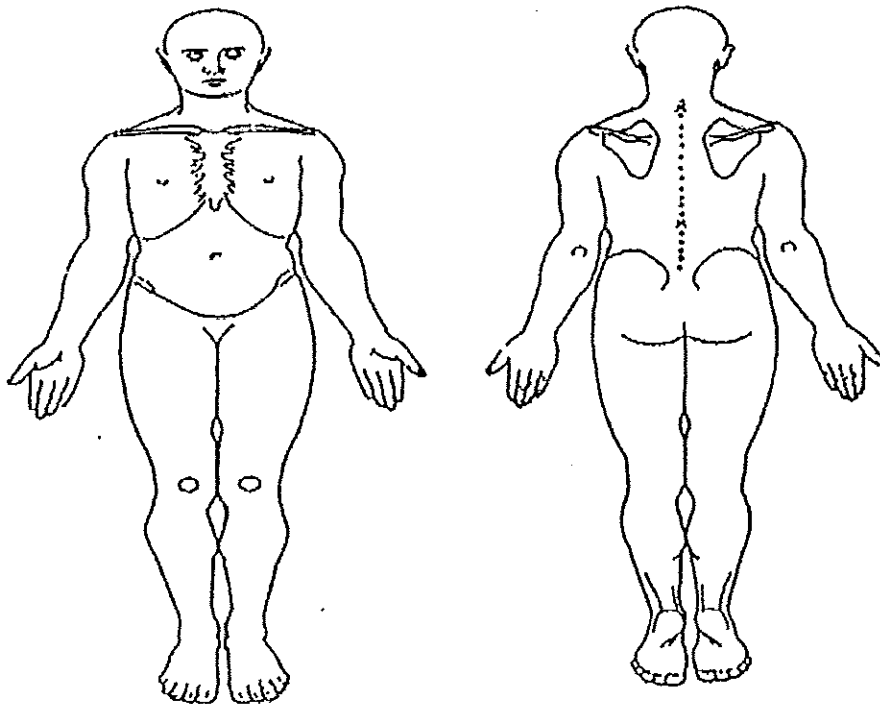
Patient/Responsible Party Signature \_\_\_\_\_ Date: \_\_\_\_\_

# Fyzical Medical Intake Form

NAME \_\_\_\_\_ DATE \_\_\_\_\_

## PRESENT CONDITION: PAIN / TENSION

Please place an "X" in the area or areas where you are experiencing pain/symptoms.



Please circle the words that best describe your pain.

SEVERE      DULL                      STABBING              MODERATE  
BURNING      NUMBNESS / TINGLING      THROBBING              WEAKNESS  
SHARP              RADIATING

Please rate your pain from 0 (no pain) to 10 (worst imaginable pain) at

|       |                        |
|-------|------------------------|
| Worst | 0 1 2 3 4 5 6 7 8 9 10 |
| Now   | 0 1 2 3 4 5 6 7 8 9 10 |
| Best  | 0 1 2 3 4 5 6 7 8 9 10 |

Date of injury onset \_\_\_\_\_

What initially caused your pain? \_\_\_\_\_

\_\_\_\_\_

Since it has started, has the pain changed? Yes \_\_\_\_\_ No \_\_\_\_\_

Have your symptoms become Worse \_\_\_\_\_ Better \_\_\_\_\_ The Same \_\_\_\_\_

How often do you experience the pain? \_\_\_\_\_

What makes your symptoms worse?

Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Lifting \_\_\_\_\_ Bending \_\_\_\_\_

How much does your pain/problem interfere with your Daily Activities?

None    20%    40%    60%    80%    100% of the day.

Have you had any diagnostic tests related to this problem? (i.e., MRI or X-Rays)

Please Specify Where and When \_\_\_\_\_

Have you had any Physical Therapy in the past 12 months for this or any other problem?

Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, Where?

\_\_\_\_\_ When? \_\_\_\_\_

Have you had a related surgery? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what was the date? \_\_\_\_\_

## PAST MEDICAL HISTORY

Do you have, or have you had, any of the following?

- |   |   |
|---|---|
| <input type="checkbox"/> Anemia                               | <input type="checkbox"/> Allergies                                    |
| <input type="checkbox"/> Asthma                               | <input type="checkbox"/> Balance                                      |
| <input type="checkbox"/> Back Pain                            | <input type="checkbox"/> Bowel / Bladder Issues (Incontinence)        |
| <input type="checkbox"/> Cancer                               | <input type="checkbox"/> Chest Pains                                  |
| <input type="checkbox"/> Depression                           | <input type="checkbox"/> Diabetes                                     |
| <input type="checkbox"/> Disc Problems                        | <input type="checkbox"/> Headaches                                    |
| <input type="checkbox"/> Dizziness / Fainting                 | <input type="checkbox"/> Epilepsy                                     |
| <input type="checkbox"/> Excessive Fatigue                    | <input type="checkbox"/> Fever, Higher than 100 Degrees F             |
| <input type="checkbox"/> Heart Attack                         | <input type="checkbox"/> Heart Disease                                |
| <input type="checkbox"/> High Blood Pressure                  | <input type="checkbox"/> Hypoglycemia                                 |
| <input type="checkbox"/> Infectious Disease                   | <input type="checkbox"/> Knee Pain                                    |
| <input type="checkbox"/> Kidney Problems                      | <input type="checkbox"/> Liver / Gallbladder Problems                 |
| <input type="checkbox"/> Low Blood Pressure                   | <input type="checkbox"/> Low Exercise Level                           |
| <input type="checkbox"/> Metal Implants                       | <input type="checkbox"/> Nausea / Vomiting                            |
| <input type="checkbox"/> Neck Pain                            | <input type="checkbox"/> Neck Stiffness                               |
| <input type="checkbox"/> Open Wounds                          | <input type="checkbox"/> Osteoarthritis                               |
| <input type="checkbox"/> Osteoporosis                         | <input type="checkbox"/> Pacemaker or Defibrillator                   |
| <input type="checkbox"/> Perforated Ear Drums                 | <input type="checkbox"/> Radiation Treatment within the last 3 months |
| <input type="checkbox"/> Rheumatoid Arthritis                 | <input type="checkbox"/> Ringing In Ears                              |
| <input type="checkbox"/> Seizures                             | <input type="checkbox"/> Shortness Of Breath/Difficulty Breathing     |
| <input type="checkbox"/> Skin Rashes                          | <input type="checkbox"/> Stomach or Intestinal Issues                 |
| <input type="checkbox"/> Stroke                               | <input type="checkbox"/> Thyroid Problems                             |
| <input type="checkbox"/> Tingling In Arms / Hands             | <input type="checkbox"/> Tingling In Legs / Feet                      |
| <input type="checkbox"/> Typhoid/cholera/dysentery            | <input type="checkbox"/> Vision Problems                              |
| <input type="checkbox"/> Seizures                             |   |
| <input type="checkbox"/> Other Health Issues (please explain) |   |

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Are you taking any medication? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please list medications \_\_\_\_\_

**Referring Physician**

Physician's Name: \_\_\_\_\_ Tel # \_\_\_\_\_

Address: \_\_\_\_\_

Address

City

ST

ZC

**WORK**

Are you currently working? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, how many hours a week? \_\_\_\_\_

What is your occupation? \_\_\_\_\_

Please describe what you do at your job \_\_\_\_\_

\_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_



**FYZICAL**<sup>®</sup>

Therapy & Balance Centers

Neville Flowers, M.S., PT  
Michael Flowers, PT

219-10 South Conduit Ave  
Springfield Gardens, NY 11413  
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flowers@fyzical.com

## **INFORMED CONSENT FOR PHYSICAL THERAPY**

Dear Patient,

Physical Therapy involves the use of many different types of physical evaluation and treatment. At Neville A. Flowers P.T. P.C., we use a variety of procedures and modalities to help us to try and improve your function. As with all forms of medical treatment, there are benefits and risks involved with physical therapy.

Since the physical responses to a specific treatment can vary widely from person to person, it is not always possible to accurately predict your response to a certain therapy modality or procedure. We are not able to guarantee precisely what your reaction to a particular treatment might be, nor can we guarantee that our treatment will help the condition you are seeking treatment for. There is also a risk that your treatment may cause pain or injury, or may aggravate previously existing conditions.

You have the right to ask your physical therapist what type of treatment he or she is planning based on your history, diagnosis, symptoms and testing results. You may also discuss with your therapist what the potential risks and benefits of a specific treatment might be. You have the right to decline any portion of your treatment at any time or during your treatment session.

Therapeutic exercises are an integral part of most physical therapy treatment plans. Exercise has inherent physical risks associated with it. If you have any questions regarding the type of exercise you are performing and any specific risks associated with your exercises, your therapist will be glad to answer them.

**I acknowledge that my treatment program has been explained by Neville A. Flowers P.T. P.C., and all of my questions have been answered to my satisfaction. I understand the risks associated with a program of Physical Therapy as outlined to me, and I wish to proceed.**

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Patient Name

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Patient Signature

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Date



Neville Flowers, M.S., PT  
Michael Flowers, PT

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## 2015 MEDICARE BENEFIT EXPLANATION

This letter is to inform you of your Medicare Benefit for the year 2015.

- EACH PATIENT IS ALLOWED \$1920.00 PHYSICAL THERAPY CAP FOR THE **ENTIRE** 2015 YEAR.  
**(WE ASK THAT EACH PATIENT USE THERE P.T BENEFIT ONLY WHEN NECESSARY, TRY NOT TO USE ENTIRE BENEFIT AT ONCE IF IT IS NOT MEDICALLY NECESSARY**

- Medicare only covers 80 % of physical therapy services leaving a 20% co insurance, you will be responsible for the coinsurance if you do not have a secondary insurance carrier.
- Each patient will be responsible for a **DEDUCTIBLE** at the beginning of each calendar year. For those with a secondary carrier, the carrier MAY pick up Medicare deductible and or Coinsurance. Please refer to your secondary carrier's policy to find out your Physical Therapy benefits

(PLEASE NOTE SOME SECONDARY INSURANCE CARRIES A DEDUCTIBLE AND OR COINSURANCE OF THIER OWN THAT YOU MAY BE RESPONSIBLE FOR)

## 2015 MEDICARE BENEFIT EXPLANATION

- Medicare does have an exceptions process for additional visits (THIS PROCESS IS NOT A GURANTEE MEDICARE WILL PAY). To use this exception process a ABN form ( Advance Beneficiary Notice which supplied by Medicare) will be presented to you for your signature each and every time you come into our office to be treated outside of the allowed number of visits. Payment for therapy service will be collected from you the patient on each visit. If and when Medicare pay for these services, your payments for services will be refunded.

This Notice is for you the patient's benefit, so you will be aware of your benefit under Medicare.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_





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Michael Flowers, PT

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### MEDICARE PATIENTS

### HOME HEALTH CARE ENROLLMENT

I \_\_\_\_\_ am NOT enrolled with a home health care agency.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please note:** As per Medicare policy guidelines patients who are enrolled with a home health agency for ANY medical services CANNOT receive physical therapy treatment until patient is discharged from the agency. Failure to advise this office of your enrollment will result in all claims becoming your responsibility.

I \_\_\_\_\_ am/was enrolled with a home health care agency as of \_\_\_\_\_ and was discharged on \_\_\_\_\_. I am aware that I must supply a discharge letter from the home health agency to continue treatment.

**Please Note:** as per Medicare policy guidelines patients who are enrolled with a home health agency for ANY medical services CANNOT receive physical therapy treatment until patient is discharged from the agency, Failure to advise this office of your enrollment will result in all claims becoming your responsibility.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_



TINNETT'S FALLS EFFICACY SCALE

ASSESSED BY.....

DATE OF ASSESSMENT.....

PLACE OF ASSESSMENT.....

On a scale of 1 to 10, 1 being extremely confident and 10 having no confidence at all, how confident are you at.....

| Question  | Circle best answer |   |   |   |   |                   |   |   |   |    |
|---|--------------------|---|---|---|---|-------------------|---|---|---|----|
|   | Most confident ←   |   |   |   |   | → Least confident |   |   |   |    |
| Taking a bath or shower?  | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Reaching into cupboards?  | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Preparing a meal (not requiring carrying heavy or hot objects?) | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Walking around the house?                                       | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Getting in and out of bed?                                      | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Answering the door or telephone?                                | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Getting in and out of a chair?                                  | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Getting dressed or undressed?                                   | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Doing light housekeeping?                                       | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |
| Doing simple shopping?  | 1                  | 2 | 3 | 4 | 5 | 6                 | 7 | 8 | 9 | 10 |

|       |  |
|-------|--|
| Score |  |
|-------|--|

Can be repeated pre and post fall prevention.